

1/10 October 2026

1 - 2 Zafferano Etnea - Catania
3 - 7 Castellammare del Golfo - Palermo
8 - 10 Modica - Ragusa

O'
Sole
Mio

fern and friends

ITALY CYCLING & HIKING TOURS 

CONTRONVENTO

Level of Difficulty / Moderato

Punta
nord-est
Resort

Castellamare
del Golfo

Etna

Catania
Airport

La Rocca
Della Rosa

Modica Boutique
Hotel Bike
Resort

Modica





Sicily,

The largest island in the Mediterranean, has a history dating back thousands of years. It has been a crossroads of peoples and cultures, including Phoenicians, Greeks, Romans, Byzantines, Arabs, Normans, Spaniards and Bourbons, who have left indelible marks in its architecture, language and traditions. Sicily played a central role in trade and wars for control of the Mediterranean due to its strategic location.

The island is famous for its historic cities such as Palermo, Syracuse, Agrigento, and Catania, and for its archaeological sites such as the Valley of the Temples and the Greek Theater in Taormina. Today, Sicily represents a unique mixture of cultural and landscape influences.

Overview

Day 1 Arrival to Catania Airport and transfer to Zafferano Etnea

Welcome Drink

Day 2 The Gentle Volcano - Monte Etna

Day 3 Transfer to Castellamare del Golfo

Day 4 Castellamare / Guidaloca Bay

Day 5 Castellamare / San Giuseppe

Iato/**W.Tasting**

Day 6 Castellamare / **Palermo Culturale Visit**

Day 7 Castellamare / San Vito Lo Capo

Day 8 Transfer to Modica Through Agrigento

Day 9 Modica / Donnalucata/**Pasta Making Class**

Day 10 Modica / Ragusa Ring

Day 11 Transfer to Catania Airport





Day 1 Arrival at Catania Airport and transfer to Zafferano Etnea **40Km/25MI - 45 Min**

5.00 PM Bike Fitting

6.30 PM Welcome Aperitif

7.30 PM Dinner

Welcome to the heart of the Mediterranean, where every ride is a journey through history, nature, and passion. Enjoy the warmth of Sicilian hospitality and the thrill of cycling on Mount Etna.

Day 2

Gentle Volcano

Monte Etna

63KM/39MI 1140MT/3740FT



Ride the legendary slopes of Mount Etna on a road bike! Enjoy smooth mountain roads winding through volcanic landscapes, vineyards, and breathtaking views of the Sicilian coast.



Typical Day of Cycling Activity

09.00 Departre
11.00 - Coffe Stop
1.00m PM-ish - Light lunch en route
3.00 PM Expected Arrival
7.30 PM - Dinner



Day 3 Transfer to Punta Nord-Est Resort

300kM/186MI- 3.30H

A charming seaside town and the perfect starting point for scenic rides along the coast and into the Sicilian mountains. Enjoy the sea views, local traditions, and the warm hospitality that make Sicily unforgettable.

Day 4

Guidaloca Bay

74KM/46MI 1060MT/3480FT

Today's ride takes you along one of western Sicily's most spectacular coastal routes. Starting at Guidaloca Bay, we'll pedal past crystal-clear waters, dramatic cliffs, and charming fishing villages, soaking in the Mediterranean scenery.

The route follows winding coastal roads, offering breathtaking views of the sea and surrounding mountains, before reaching the iconic San Vito Lo Capo, famous for its golden beaches, turquoise waters, and lively atmosphere. A perfect combination of challenging climbs, scenic descents, and Sicilian coastal charm makes this ride unforgettable.



Day 5

San Giuseppe Jato

Wine Tasting

KM85/53MI 1360MT/4460FT



This scenic ride takes you from the sea to the Sicilian hills and back. Starting in Castellammare del Golfo, you'll climb inland through vineyards and olive groves toward Partinico, known for its wine and lively markets.

The route continues to San Giuseppe Jato, surrounded by fertile valleys and timeless rural landscapes, before looping back through Alcamo, a hilltop town famous for its Bianco d'Alcamo wine and historic charm. Smooth roads, authentic villages, and sweeping views make this route a perfect mix of challenge, culture, and pure Sicilian beauty.

Dislivello ▾



▲ Punto più alto (800 m)

▼ Punto più basso (10 m)

Day 6 - REST DAY

Palermo - Cultural Visit
Light Lunch In Palermo City.



A day dedicated to discovering Palermo, a city where Arab, Norman, and Baroque influences meet. We'll reach the capital by van and join our local guide for a walk through its historic center, lively markets, and magnificent churches. After some free time to explore or enjoy a coffee in one of its elegant piazzas, we'll head back to Castellammare del Golfo.

Today's ride takes us west through one of the most captivating landscapes in Sicily. Leaving Castellammare del Golfo, we'll pedal along quiet country roads surrounded by vineyards, olive groves, and gentle rolling hills, with the scent of the Mediterranean in the air.

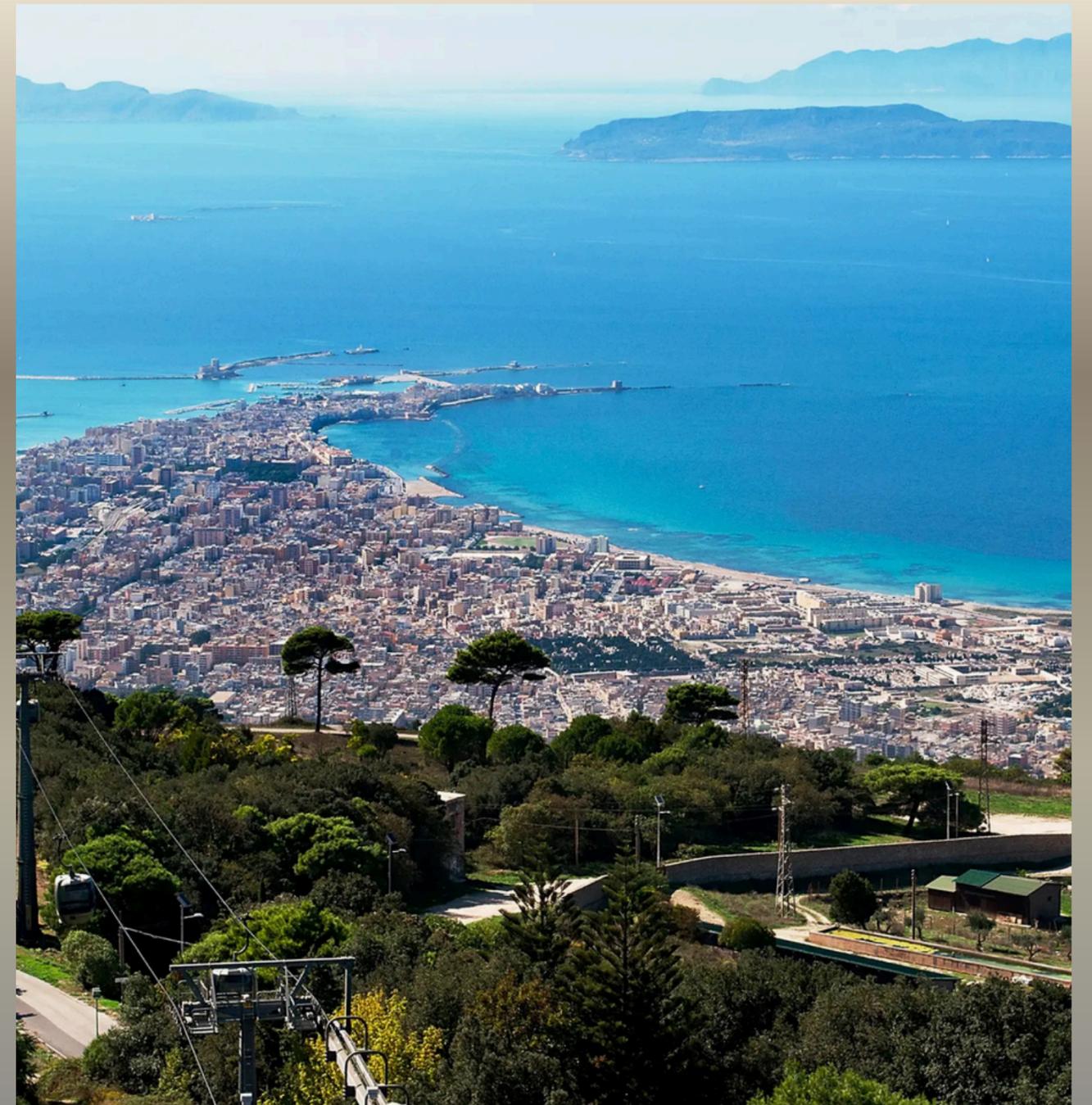
As we climb toward the highlands overlooking Trapani, the view opens to a breathtaking panorama — the shimmering sea, the white salt pans, and beyond them, the beautiful Egadi Islands floating on the horizon. It's a route that combines natural beauty, history, and emotion — a perfect blend of effort and reward, where every turn of the pedal reveals the majestic charm of western Sicily.



Day 7

Egadi Island view

85KM/53MI 1140MT/3740FT



Day 8 Transfer to Modica Boutique Hotel Bike Hotel

Through Agrigento 290KM/180MI - 4H

Today we leave the northern coast behind and journey south toward the baroque beauty of Modica. Along the way, we'll stop in Agrigento to explore the iconic Valley of the Temples, a stunning archaeological site where ancient Greek temples rise majestically from the Sicilian landscape.

The drive itself is a journey through the heart of Sicily — rolling hills dotted with vineyards and olive groves, charming towns frozen in time, and panoramic views of the southern coastline. From fertile valleys to dramatic cliffs, each stop offers a glimpse of Sicily's rich history, culture, and natural beauty.

We'll continue through scenic inland roads before reaching Modica, where the unique charm of its baroque architecture and famous chocolate awaits us, marking the perfect end to a day full of discovery and spectacular landscapes.



Day 9

Donnalucata

Pasta Making Class

70Km/43MI

810MT/2660FT

Our Sicilian adventure begins in the charming town of Modica, with its stunning baroque streets and famous chocolate. Today's ride takes us south toward the coast, offering beautiful views of the Marina di Modica and the seaside village of Donnalucata, where the sparkling waters of the Mediterranean meet sandy beaches.

After enjoying the coastal scenery, we'll climb back inland through rolling hills and lush countryside, passing through the historic town of Scicli, known for its baroque architecture and cinematic charm. The route brings us back to Modica, completing a perfect loop that combines coastal beauty, inland landscapes, and Sicilian heritage.



Day 10

Ragusa Ring

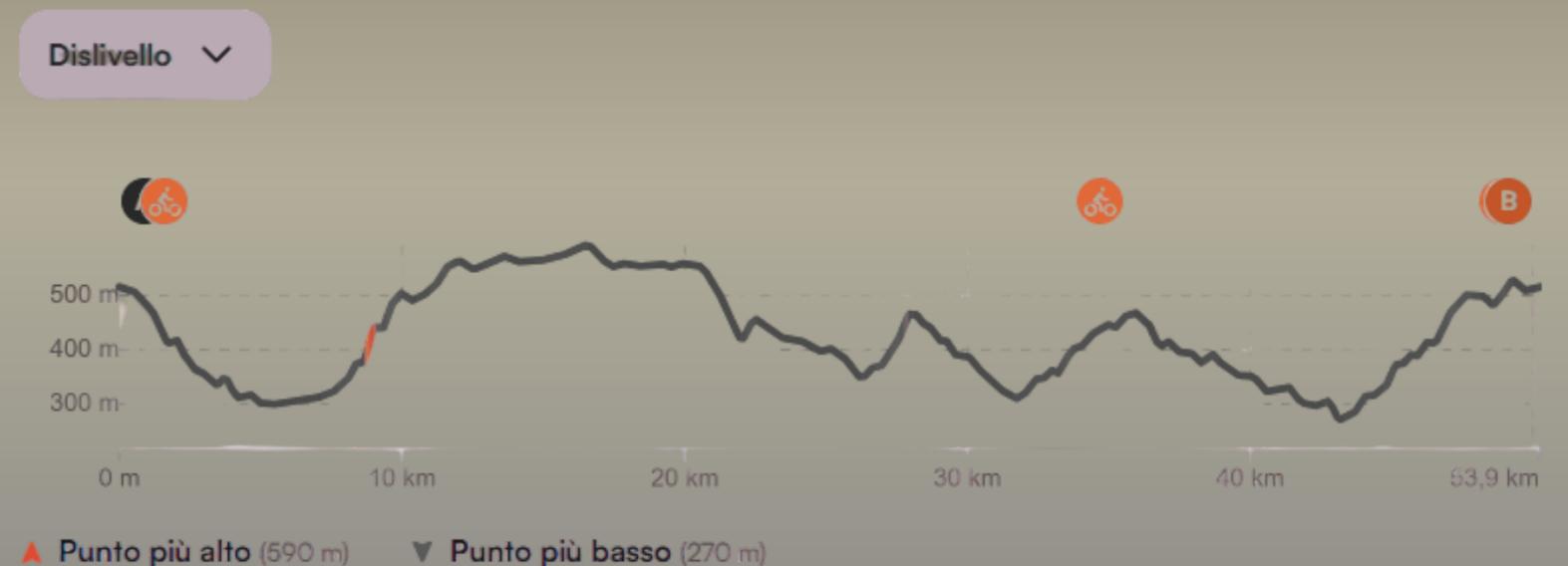
55Km/34MI

1000MT/3280FT



Today we explore the baroque charm of Ragusa, just a short ride from Modica. Cycling through gentle Sicilian hills, we'll reach the historic center, where narrow streets, elegant piazzas, and traditional local shops create a truly authentic atmosphere.

Take time to admire the stunning architecture, enjoy a coffee or gelato in a lively square, and immerse yourself in the flavors and culture of this beautiful town before returning to Modica.



Day 11

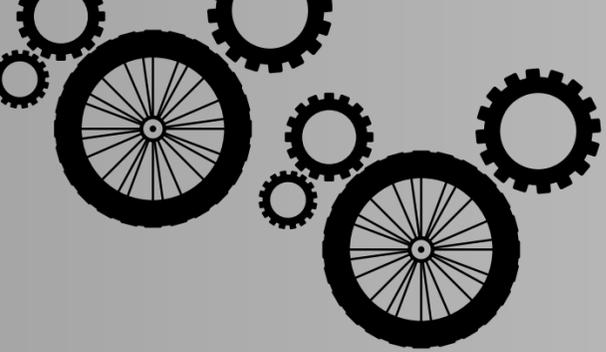
Transfer to Catania Airport
130KM/80MI - 1.30H

Today we say goodbye to beautiful Sicily. We'll transfer by van from Modica to Catania Airport, enjoying the final glimpses of the island's rolling hills, historic towns, and Mediterranean landscapes along the way.

A heartfelt thank you to all participants for sharing this incredible journey. We hope the memories of Sicily's scenery, culture, and cycling adventures will stay with you — and we look forward to the next adventure together!

Andrea & Livio





Breakfast / Dinner

Breakfast is served at 7.30; dinner at 19.30. Gluten-free, vegetarian and vegan options will be available. **Please let the staff know ahead of time, as these meals are made to order.**

Beverages & Snacks

Water, sparkling and still, is included with your meals. **Alcohol and other beverages, as well as other snacks, are extras.** You will need to charge these extras to your room. They will be added to your bill.

Snacks during the ride

We have fruit, bars, and snacks to give you during the excursion, during breaks (including gluten-free options).

If you wish, in the morning you can give us energy products or other items to put in the van.

Technical Clothing Laundry

Laundry service is for **technical clothing only**. Place your technical clothes in the mesh bag and bring them to the drop-off by 5pm. Pick-up will be in the morning.

Hotel Taxes and Tips

The night before we depart each site, you will need to settle your bill, including the mandatory hotel tax and any extra purchases. You are welcome to offer tips for the staff.

Bike Rental

Do you need to hire a bike?
Disk breaks, rim breaks or an E-bike?

We have high quality bikes available to hire through our partner, [Hotel Dory](#). Just click on the link below and choose your bike. We will deliver it to the start of your tour and bring it back at the end.

There are two bikes available: Scott Addict Disc 11-speed; and, Scott Addict 30 E-Ride. The prices for the bike rentals are as follows:

Scott Addict Disc €414 for 10 days

Scott Addict 30 E-Ride €621 for 10 days

info@controventotours.com



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Can't Wait?

Made up your mind and ready to go?

Fill in the [Registration Form](#) to reserve your spot. There are only 12 places available. We will get back to you to confirm that you've got your place. You will then receive a PAYMENT LINK for the initial 30% deposit. Once you have paid the deposit, your place is reserved. The remainder will be due 3 months prior to the start of the tour. Additional information is on the booking form or on our website: controventotours.com

Email us if you have any questions

Fern & Joe

fern@wagnergroup.us

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CONTROVENTO

€ 3.850,00 for the package

per person in double or twin room

Extra charge €70 per night for double room in single occupancy

WHAT'S INCLUDED

10 night luxe accommodation (twin share) | breakfasts | lunches | dinners | full guide and vehicle support | on-road snacks and supplements | kit laundry service | group transfers on arrival, departure and between destinations | 1 wine tasting experience / Pasta Making Class / 1 Cultural Visit

WHAT'S NOT INCLUDED

Flights | insurance | bike hire | alcoholic beverages | coffee stops | personal hotel expenses | Transfer Day lunches | City taxes

Do not hesitate to contact us on:

info@controventotours.com

controventotours.com

Cancellation policy

Cancellations without penalties within 90 days before arrival

From 89 to 60 days before arrival we ask 30% total tour fee

From 59 to 45 days before arrival we ask 60% total tour fee

From 44 days before arrival day or no-show 100% total tour fee



Recommended Airports:

Arrival: Catania Fontanarossa CTO

Departure: Catania Fontanarossa CTO



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Charity

Controvento contributes to a beautiful solidarity project! The concept of turning kilometres travelled into donations to support the education and nutrition of less fortunate children, such as the orphans of Ayiti, is really powerful. It not only encourages physical activity, but also creates a connection between the effort of those who participate and the concrete impact on the children who will benefit.